

Aquatics Schedule



Thurgood Marshall Recreation Center
8611 Hough Ave.
216/664-4045

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00—1:00 ADULT OPEN SWIM 18+	12:00—1:00 ADULT OPEN SWIM 18+	12:00—1:00 ADULT OPEN SWIM 18+	12:00—1:00 ADULT OPEN SWIM 18 +	12:00—1:00 ADULT SWIM OPEN 18+	10:00-12:00 ADULT SWIM 18 AND UP
1:00 —2:00 ADULT SWIM	1:00 —2:00 ADULT SWIM	1:00 —2:00 ADULT SWIM	1:00 —2:00 ADULT SWIM	1:00 —2:00 ADULT SWIM	12:00-1:00 YOUTH SWIM
2:00-3:00 ADULT SWIM	2:00-3:00 ADULT SWIM	2:00-2:45 ADULT SWIM	2:00-2:45 ADULT SWIM	2:00-2:45 ADULT SWIM	1:00-2:00 YOUTH SWIM
3:00— 3:45pm Youth Open Swim 8-17	3:00— 3:45pm Youth Open Swim 8-17	3:00— 3:45pm Youth Open Swim 8-17	3:00— 3:45pm Youth Open Swim 8-17	3:00— 3:45pm Youth Open Swim 8-17	2:00— 3:00 YOUTH SWIM
4:00—4:45 SWIM TEAM PRACTICE 8-17	4:00—4:45 YOUTH OPEN SWIM 8-17	4:00—4:45 SWIM TEAM PRAC- TICE 8-17	4:00—4:45 YOUTH OPEN SWIM 8-17	4:00—4:45 SWIM TEAM PRACTICE	3:30—4:30 FAMILY SWIM
5:30-6:30 Lifeguard classes	5:30-6:30 Learn to swim	5:300-6:30 Lifeguard classes	5:30-6:30 Learn to swim	5:00-5:45 SWIM TEAM PRACTICE	4:30-5:30 FAMILY SWIM
6:30-7:30 Lifeguard classes	6:30-7:00 Learn to swim	6:30-7:30 Lifeguard classes	6:30-7:00 Learn to swim	6:00-7:30 FAMILY OPEN Swim	

FLAG FOOTBALL
Boxing
Weight room
Technology Room
SHELF STABLE MEALS
volleyball

MON & THU
Monday-Friday
Monday-Friday
Monday-Friday
Monday-Friday & Sat
Wednesday & Thursday

5:00pm-6:30 pm
4:30pm-7:30 pm
12:00pm-7:30 pm
3:00- 6:00pm
3:00— 4:00PM & 12-1pm
4:30— 6:30

ages 9-13 &14-17
ages 8 & up
ages 18+
ages 8-17
age 8-17
ages 8-

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00—1:00 OPEN GYM Adult	12:00—1:00 OPEN GYM Adult	12:00—1:00 OPEN GYM Adult	12:00—1:00 OPEN GYM Adult	12:00—1:00 OPEN GYM Adult	10:00Am- 12:30Pm P.A.L BAS- KETBALL
1:00—2:00 OPEN GYM Adult	1:00—3:00 OPEN GYM Adult	1:00—2:00 OPEN GYM Adult	1:00—3:00 OPEN GYM Adult	1:00—2:00 OPEN GYM Adult	12:00-2:00 Open gym
2:00—3:00 Basketball Skills/ OPEN GYM adult	3:00—4:15 Basketball Skills/Drills- OPEN GYM (youth)	2:00—3:00 Basketball Skills/ Drills-OPEN GYM adult	3:00—4:15 Basketball Skills/ Drills-OEN GYM (youth)	2:00—3:00 Basketball Skills/ Drills-OPEN GYM adult	2:00-5:00 Open gym/ CLEAN – UP
3:00– 4:00 Basketball Skills/ OPEN GYM (youth)	4:30– 5:30 Volley ball GAMES (SENIORS))	3:00– 4:00 Basketball Skills/ OPEN GYM 13-17	4:30– 5:30 Volley ball practice 13-17	3:00—4:00 Basketball Skills/ OPEN GYM (youth)	
4:00pm—5:00 VOLLEY BALL GAME (JUNIORS)	5:30pm—6:30 Volley BALL GAMES (SENIORS)	4:00pm—5:00 VOLLEYBALL GAMES PRACTICE	5:30pm—6:30 Volleyball practice 8-12	4:00pm—5:00 ADULT VOLLEY BALL 18+	
5:00-7:00 VOLLEY BALL GAME (JUNIORS)	6:30-7:30 Open gym OPTIONAL	5:00-6:00 VOLLEYBALL PRACTICE	6:30-7:30 Open gym OPTIONAL	5:00-7:30 ADULT VOL- LEYBALL 18+	
		6:16—7:30 P.A.L.			

IN-HOUSE RULES APPLY FOR YOUTH&ADULTS

Program

Yoga Basics

Line Dance Classes

HOT SPOT AVAILABILITY

MUSICAL INSTR

ROBOTICS CLASS

GIRLS SCOUT

AFTERSCHOOL ALL-STARS

Days

Tuesday/Thursday

Monday

Mon-Fri

Wednesdays

FRIDAYS

WEDNESDAYS

MONDAY-THURS

Time

6:00—7:00 p.m.

5:30p.m.—7:00 p.m.

4:00-7:00 pm

6:00-7:00

5:00-6:00PM

4:00-5:00PM

3:00-6:00PM

Ages

Adults

Adults


open to all ages

5-17

8-17

8-17

6-16



Schedule subject to change without prior notice

SAFETY FIRST AND RULES APPLIED